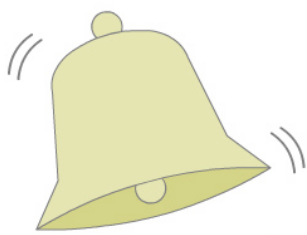


SOCIAL MEDIA

THE PROS AND CONS



Includes
detailed
outline and
student
handouts



SAMPLE PAGES

Contents

3	Contents
4	The Extent of Social Media in People's Lives Today
7	How to Limit Our Use of Social Media
10	The Benefits of Social Media
12	Staying Safe on Social Media
15	HANDOUT 1 — Digital Detox
16	HANDOUT 2 — Social Media Safety
17	Contact Us for Resource Packs and Services