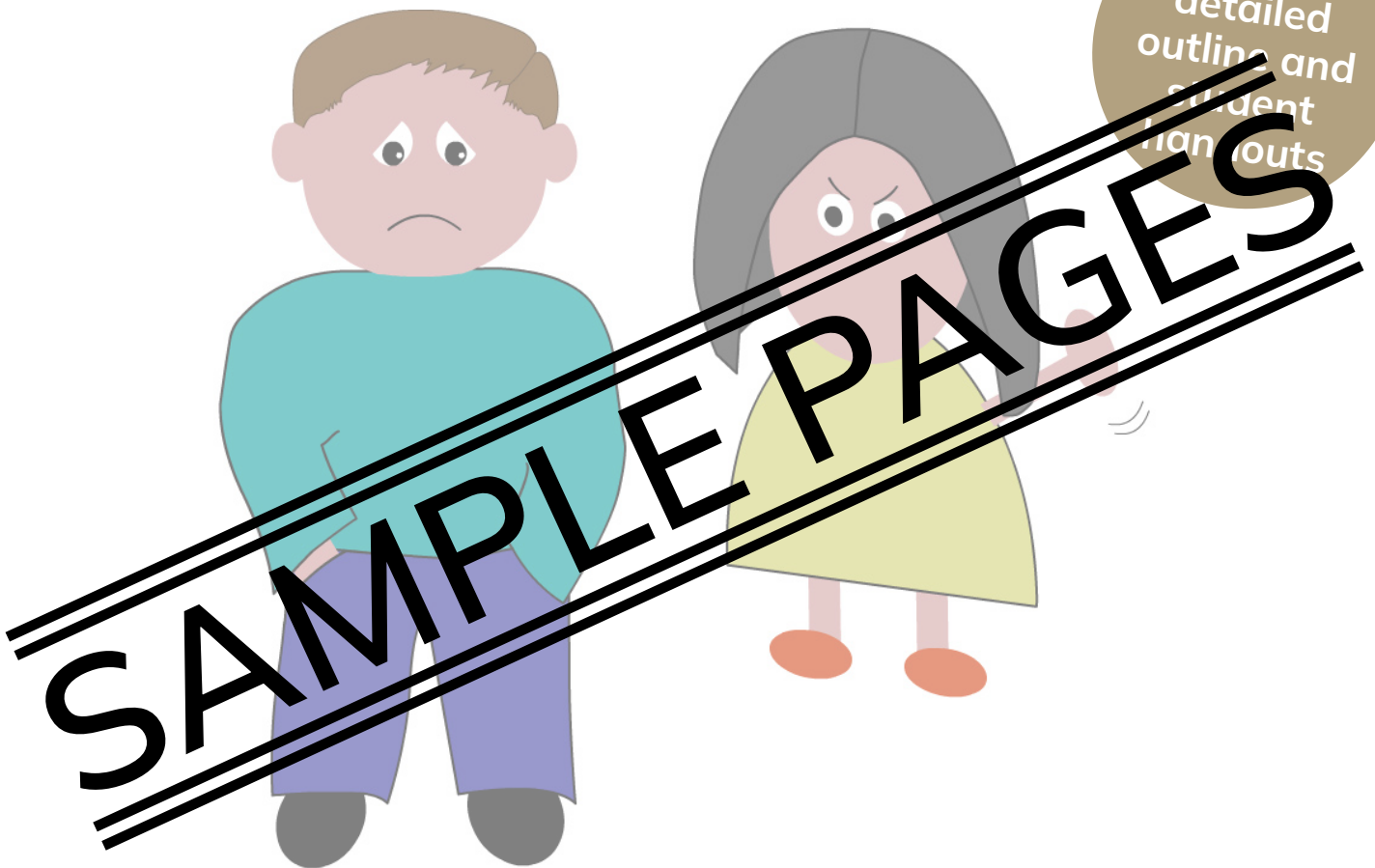


BULLYING AND CYBERBULLYING

Includes
detailed
outline and
student
handouts



Contents

Contents **3**

Introduction **4**

INTRODUCTION — 5 minutes **5**

BULLYING DEFINITION — 15 minutes

CYBERBULLYING — 20 minutes **7**

HOW TO DEAL WITH BULLYING — 15 minutes **8**

HANDOUT 1 — What is Bullying? **10**

HANDOUT 2 — Cyberbullying Scenarios **11**

HANDOUT 3 — How to Deal with Bullying **12**

Contact Us for Resource Packs and Services **14**